

Appendix

About Jockey Club Support for Young People with Diabetes programme

The four-year “Jockey Club Support for Young People with Diabetes” programme is supported by generous donations from the Hong Kong Jockey Club Charities Trust. It is co-ordinated by Youth Diabetes Action, and supported by CU Medicine and the Association of Hong Kong Diabetes Nurses (AHKDN). The programme aims to improve support for people with diabetes by providing access to CGMs and resources to empower individuals and their families to better manage their diabetes. Additionally, the programme will help to raise awareness of diabetes, as well as study the cost-effectiveness of CGM usage in people with diabetes.

About Youth Diabetes Action

Youth Diabetes Action (YDA) was established over 20 years ago with the mission that no child is held back because of diabetes. Children with Type 1 diabetes must rely on a controlled diet, frequent blood glucose monitoring, and daily insulin injections to stay alive. YDA provides emotional and financial support, advocates for improved treatment access, and offers care and counselling services to children and adolescents with diabetes and their families. Additionally, YDA organises educational, community, and fundraising activities to raise public awareness and deepen understanding of the challenges faced by young people living with diabetes.

More about Youth Diabetes Action: <https://www.yda.org.hk/>

About the Faculty of Medicine, The Chinese University of Hong Kong (CU Medicine)

Established in 1981, CU Medicine has achieved international recognition in teaching, research, and clinical practice and is the youngest medical school ranked among the world’s top 25 in many global rankings. In the “Best Global Universities Subject Rankings 2025-26” by U.S. News and World Report, our “Gastroenterology and Hepatology”, “Endocrinology and Metabolism” and “Clinical Medicine” programmes rank 1st in Asia, while Gastroenterology and Hepatology claim 2nd globally.

Our Faculty comprises 14 clinical departments and five schools, delivering a world-class environment for teaching and research with a strong emphasis on interdisciplinary, interprofessional, and international collaboration. To date, we have cultivated over 6,000 medical graduates who are making an impact across local and global healthcare systems. We are dedicated to driving innovation by translating groundbreaking research into real-

world clinical applications. Our contributions have reshaped medicine — evidenced by the filing of 3,000 patents, strategic patent acquisitions, and the establishment of more than 20 start-ups. Our pioneering research has not only rewritten international clinical guidelines but also revolutionised the prevention, diagnosis, and treatment of numerous diseases.

Please visit <http://www.med.cuhk.edu.hk> for more information.