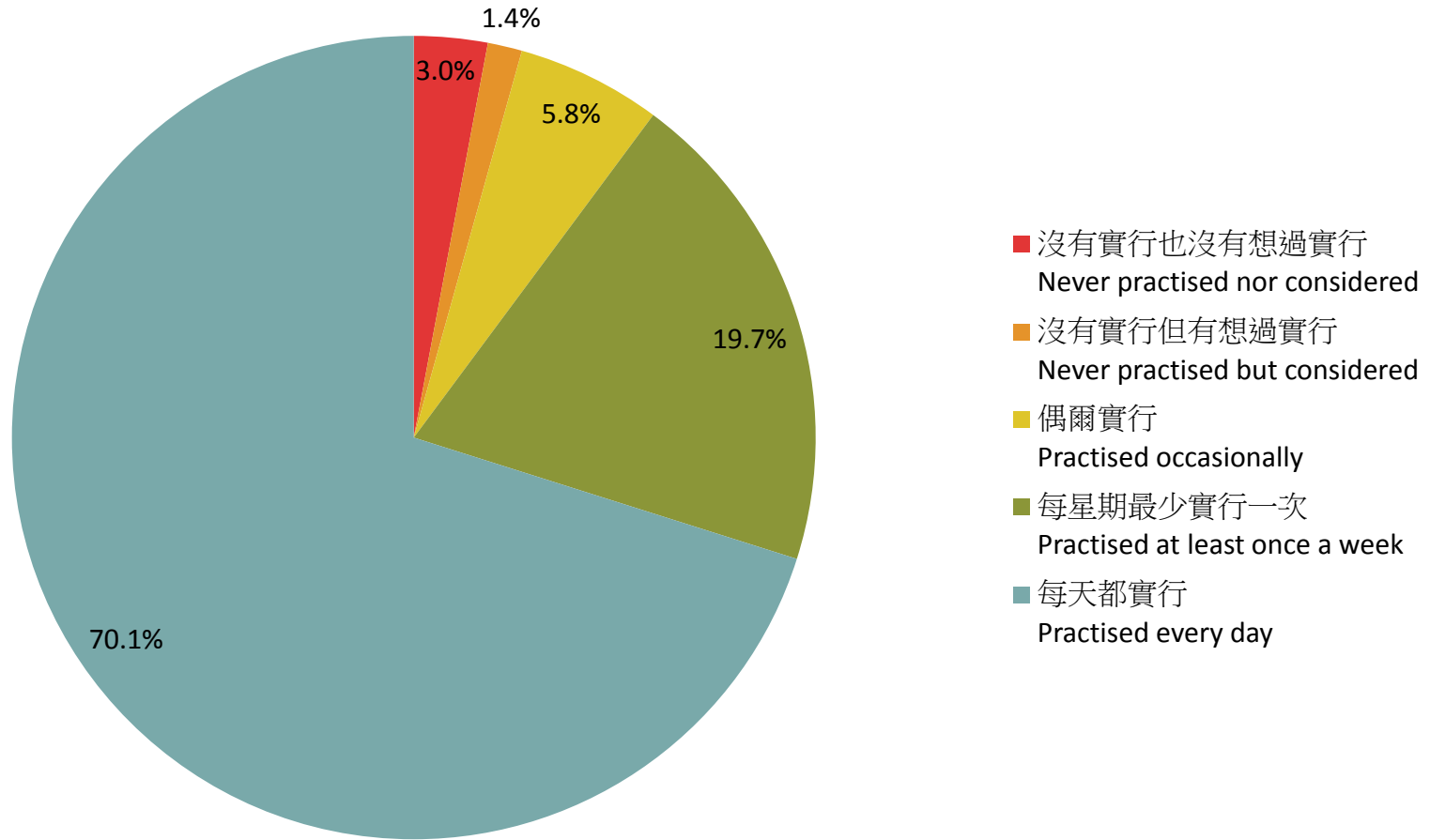


港人具健康協同效益的環保減碳行為

Hong Kong People's Carbon-Reduction Behaviours with Health Co-benefits

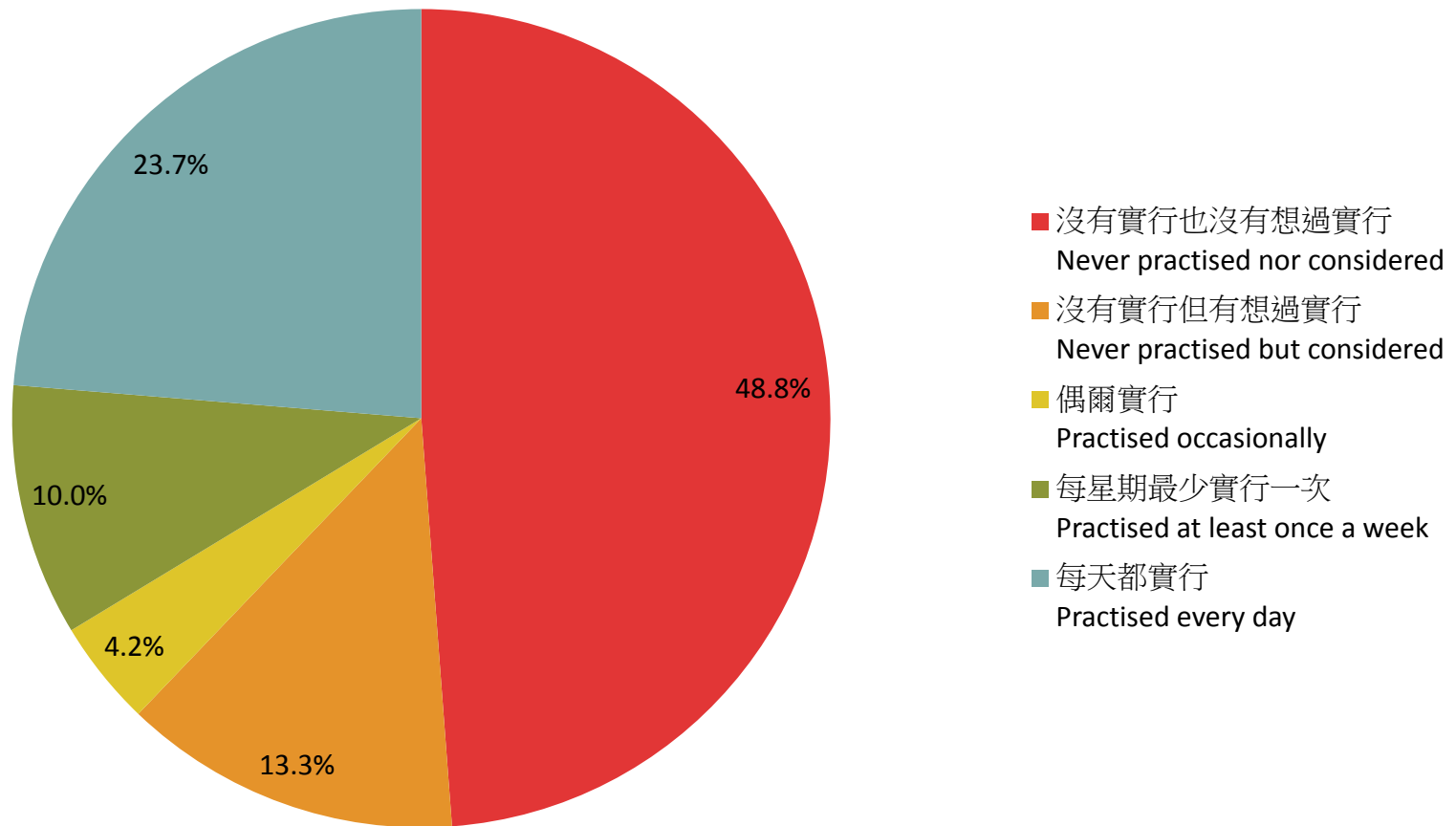
每天都實行 Practised every day		減少用電 Using less electricity (n=1007)	減少包裝及 購物袋 Using less packaging and disposable shopping bags (n=1014)	減少開 冷氣/暖氣 Using less AC (n=986)	多騎單車 或步行 Walking or biking more (n=1013)	多購買 有機食品 Buying organic food (n=1009)	外出用餐自 備餐具 Bringing utensils when eating outside (n=1015)	家居垃圾分 類 Practising household waste separation (n=1011)	每天洗澡少 於5分鐘 Showering less than 5 minutes per day (n=1004)	減少吃肉 Consuming less meat (n=975)	每星期最少 吃一餐素 Having at least one vegetarian meal per week (n=978)
性別 Gender	男 Male	41.0%	59.6%	39.0%	54.0%	3.5%	3.0%	43.8%	26.2%	26.8%	3.5%
	女 Female	53.8%	78.0%	48.0%	55.4%	4.9%	4.8%	55.1%	21.8%	38.5%	7.7%
年齡 Age	15~24歲 years old	29.4%	45.2%	33.6%	41.3%	3.2%	5.6%	26.2%	7.1%	12.2%	2.4%
	25~44歲 years old	44.4%	67.9%	39.3%	48.7%	4.1%	5.4%	51.4%	18.1%	23.3%	4.6%
	45~64歲 years old	51.2%	76.8%	47.0%	59.3%	4.2%	3.7%	56.3%	30.7%	41.0%	7.6%
	>=65歲 years old	61.5%	76.7%	53.9%	64.7%	5.4%	1.6%	52.1%	30.0%	49.2%	6.6%
婚姻 狀況 Marital Status	單身 Single	40.9%	58.5%	40.6%	46.2%	2.4%	5.2%	41.6%	15.0%	18.4%	3.8%
	非單身 Non- single	51.9%	76.0%	45.7%	59.1%	5.2%	3.5%	54.5%	28.1%	40.4%	6.7%

減少包裝及購物袋 Using less packaging and disposable shopping bags



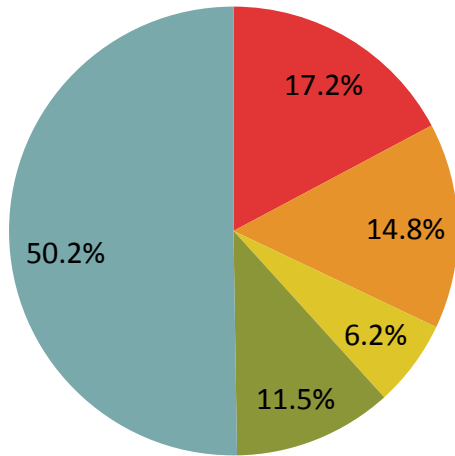
成功受訪人數=1014
Number of respondents

每天洗澡少於5分鐘 Showering less than 5 minutes per day



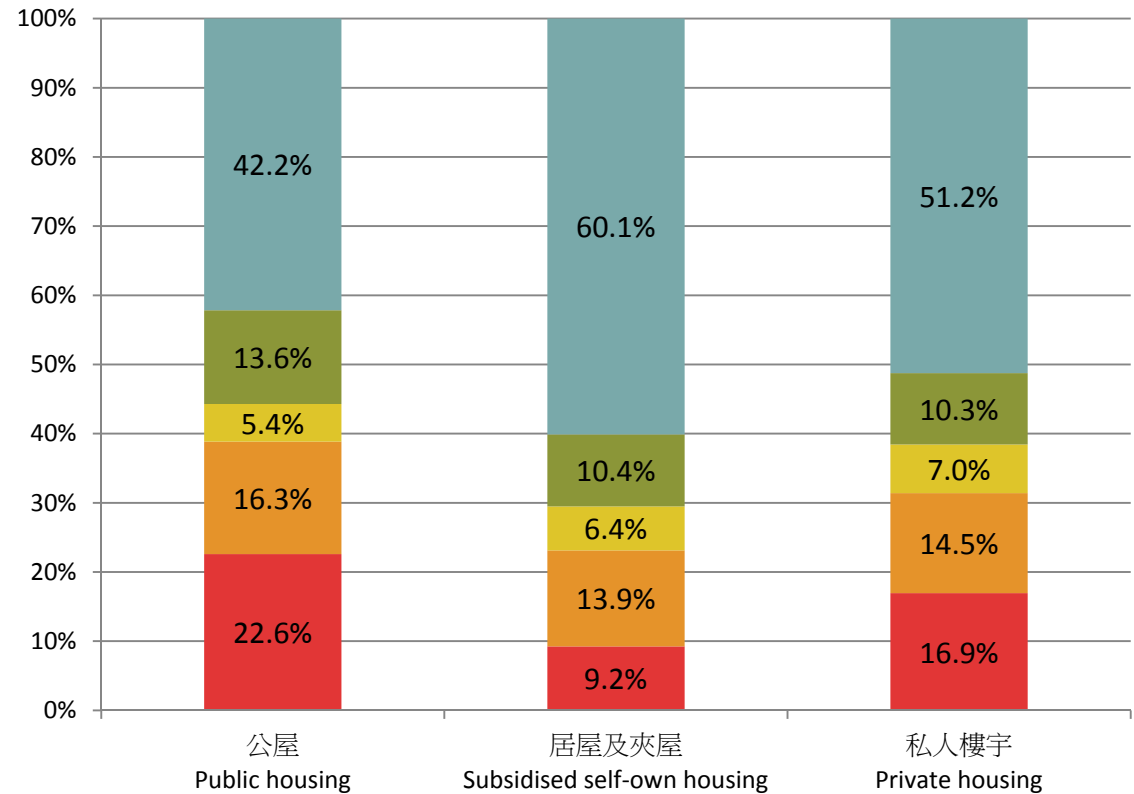
成功受訪人數=1004
Number of respondents

家居垃圾分類（整體） Practising household waste separation (overall)



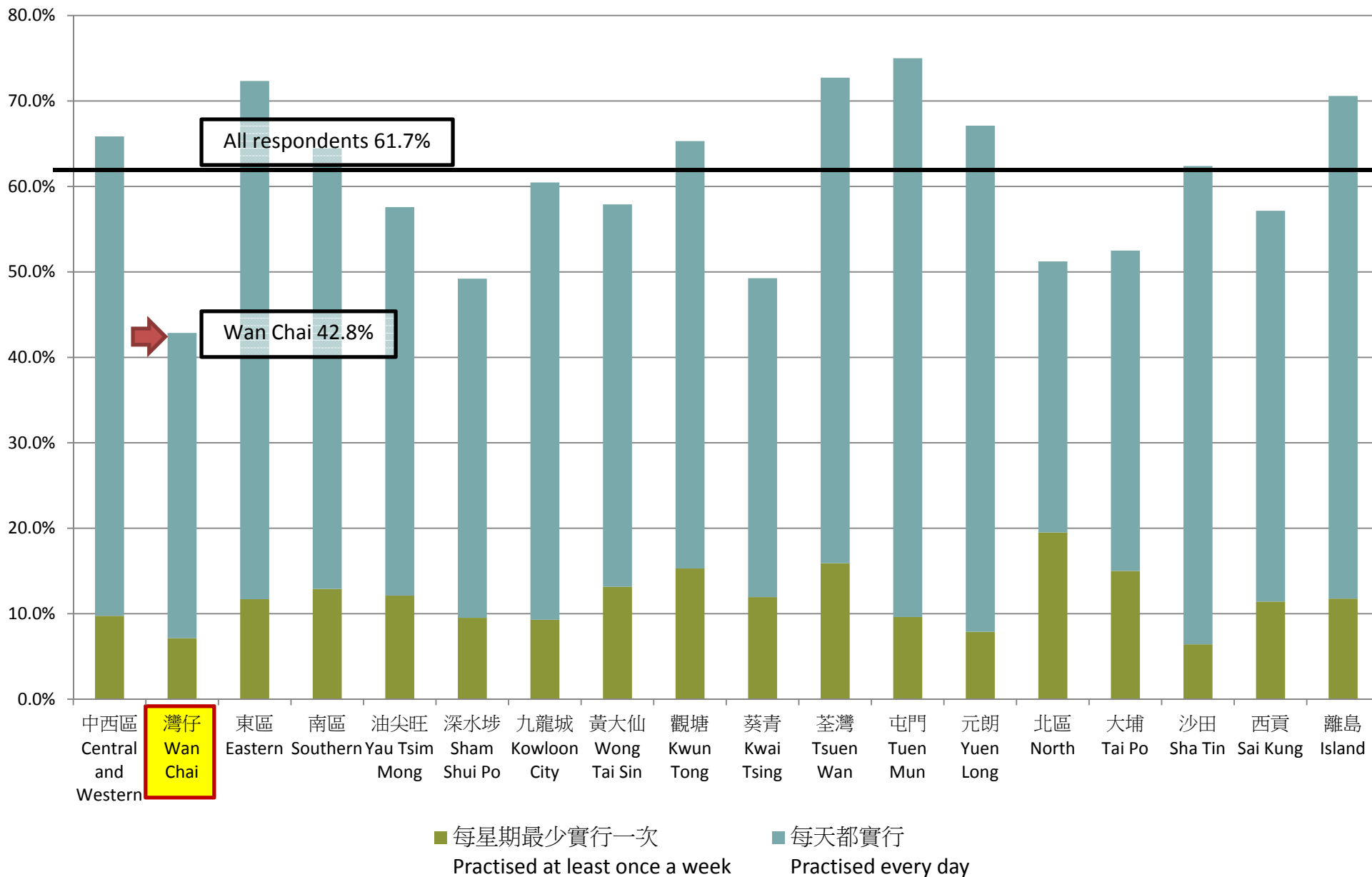
成功受訪人數=1011
Number of respondents

家居垃圾分類（不同居所類型） Practising household waste separation (housing types)



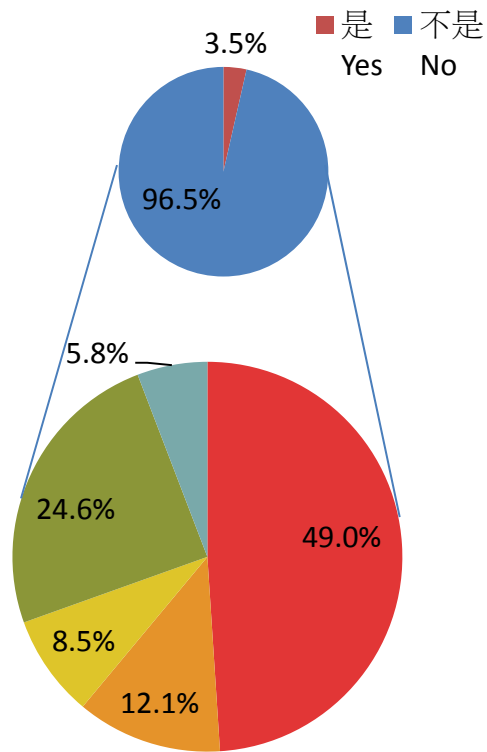
- 沒有實行也沒有想過實行
Never practised nor considered
- 沒有實行但有想過實行
Never practised but considered
- 偶爾實行
Practised occasionally
- 每星期最少實行一次
Practised at least once a week
- 每天都實行
Practised every day

十八區家居垃圾分類 Practising household waste separation in 18 districts



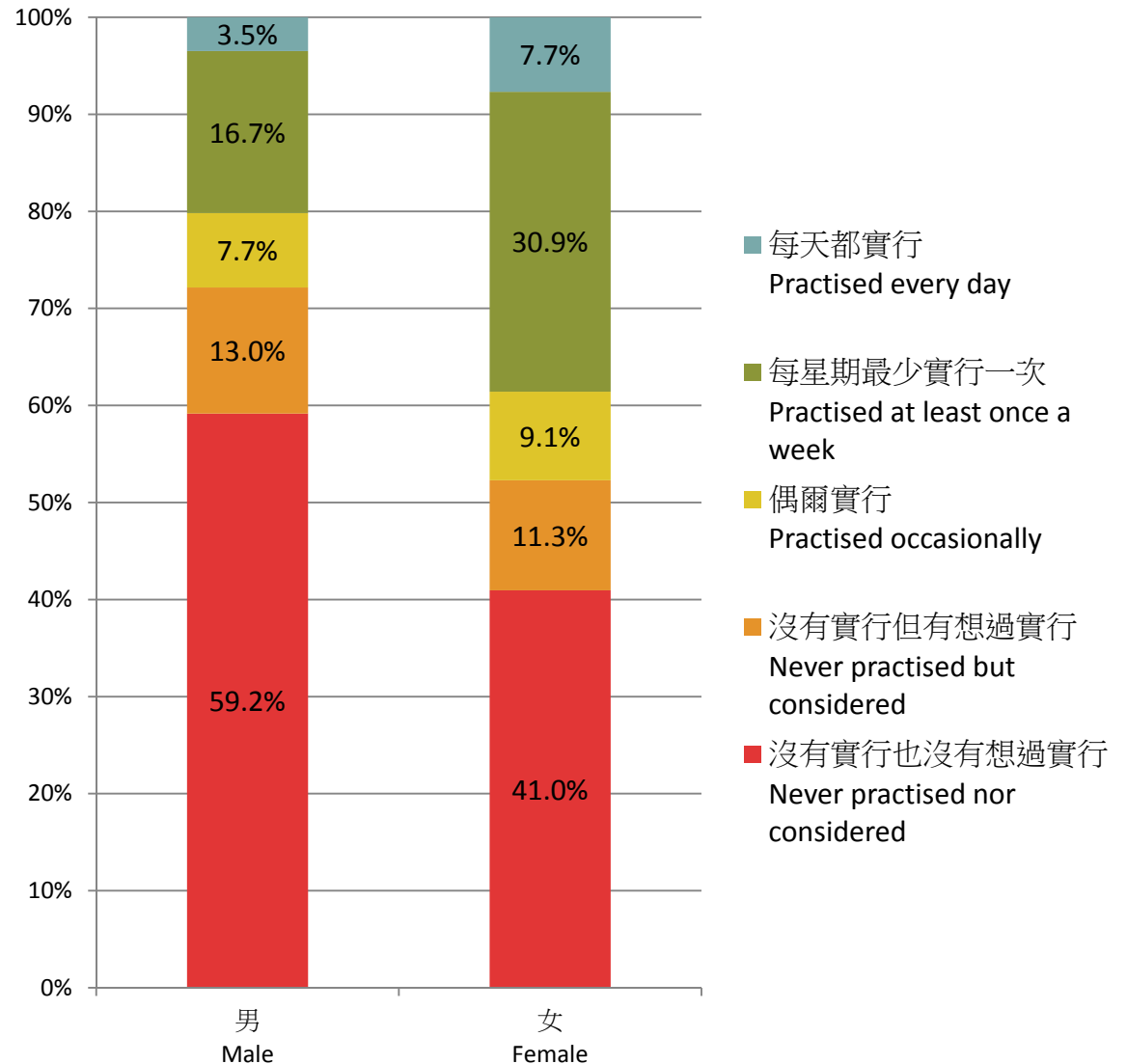
是否素食者 Vegetarian or not

成功受訪人數=1017
Number of respondents



每星期最少吃一餐素 (整體) Having at least one vegetarian meal per week (Overall)

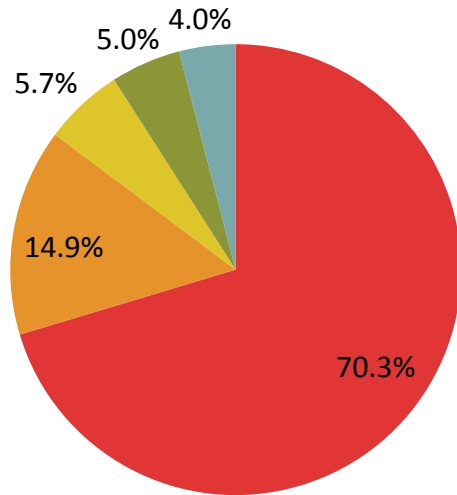
每星期最少吃一餐素 (不同性別) Having at least one vegetarian meal per week (gender)



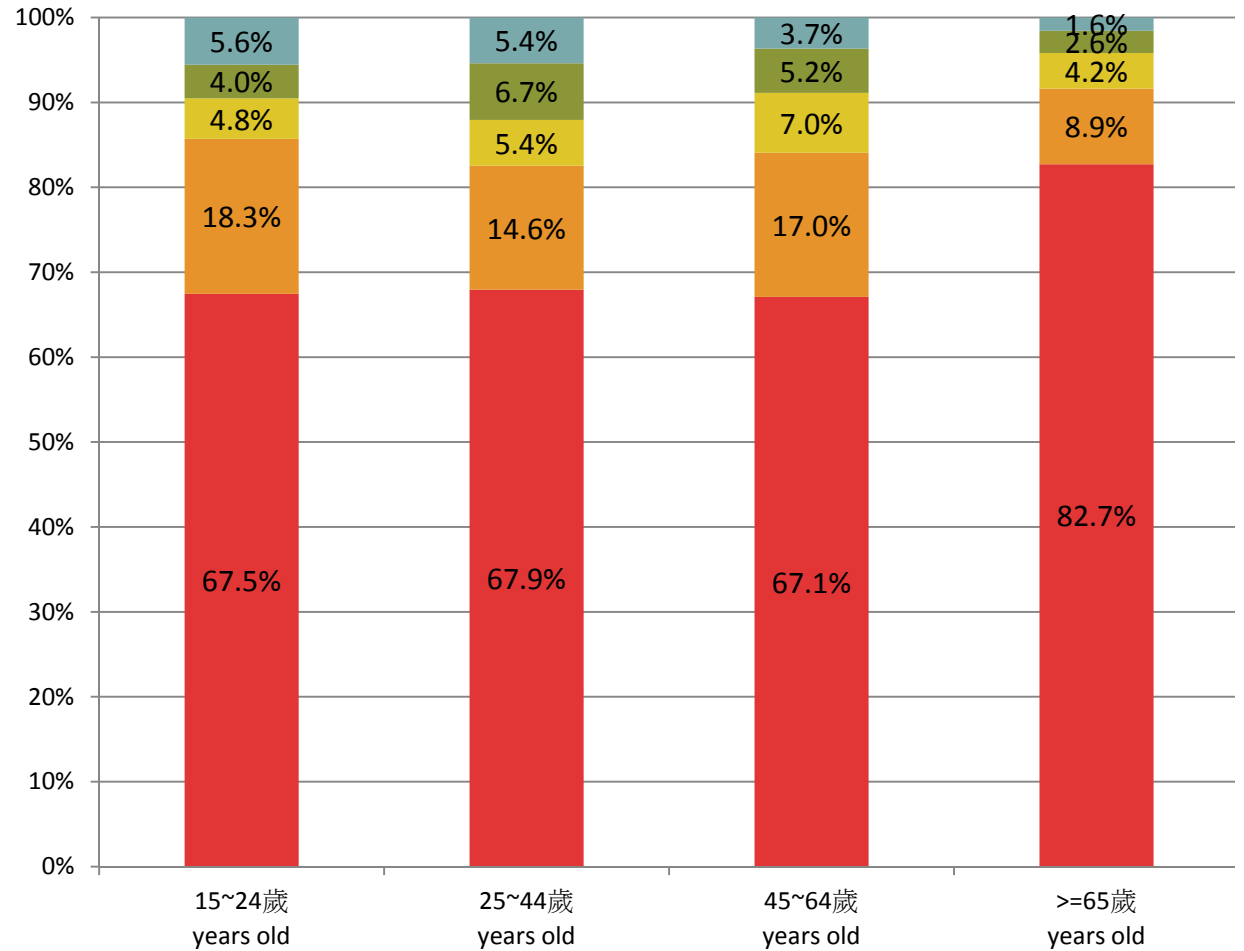
外出用餐自備餐具（不同年齡）

Bringing utensils when eating outside (age groups)

外出用餐自備餐具（整體） Bringing utensils when eating outside (overall)



成功受訪人數=1015
Number of respondents



- 沒有實行也沒有想過實行
Never practised nor considered
- 沒有實行但有想過實行
Never practised but considered
- 偶爾實行
Practised occasionally
- 每星期最少實行一次
Practised at least once a week
- 每天都實行
Practised every day