

**Appendix 1: Domains and Index of MTR-CUHK Youth QoL Index**

<b>Domain</b>	<b>Indicator</b>	<b>Nature</b>	<b>Source</b>
Physical health	Youth hospitalization rate	Objective	Govt. statistics
	Perceived health condition	Subjective	Survey
	Exercise participation	Subjective	Survey
	Rest	Subjective	Survey
Psychological well-being	Mental health	Subjective	Survey
	Positive thinking	Subjective	Survey
	Self-evaluation	Subjective	Survey
Society	Youth crime rate	Objective	Govt. statistics
	Degree of bullying	Subjective	Survey
	Drug abuse behavior	Objective	Govt. statistics
	Leisure activities	Subjective	Survey
	Social services participation	Subjective	Survey
	Social relationships	Subjective	Survey
Economics	Index of current economic conditions	Subjective	Survey
	Youth unemployment rate	Objective	Govt. statistics
	Opportunity for development	Subjective	Survey
	Material life	Subjective	Survey
Education	Education satisfaction	Subjective	Survey
	Public expenditure on education	Objective	Govt. statistics
	Participation rate in UGC tertiary programs	Objective	Govt. statistics
Politics	Government performance evaluation	Subjective	Survey
	Satisfaction with youth policy	Subjective	Survey
	Perceived impact on policy	Subjective	Survey
	Rule of Law	Subjective	Survey
Living environment	Satisfaction with living environment	Subjective	Survey
	Satisfaction with infrastructure	Subjective	Survey
	Environmental quality	Objective	Govt. statistics
Overall well-being	General life satisfaction	Subjective	Survey

**Appendix 2: MTR – CUHK Youth Quality of Life Index<sup>1</sup>**

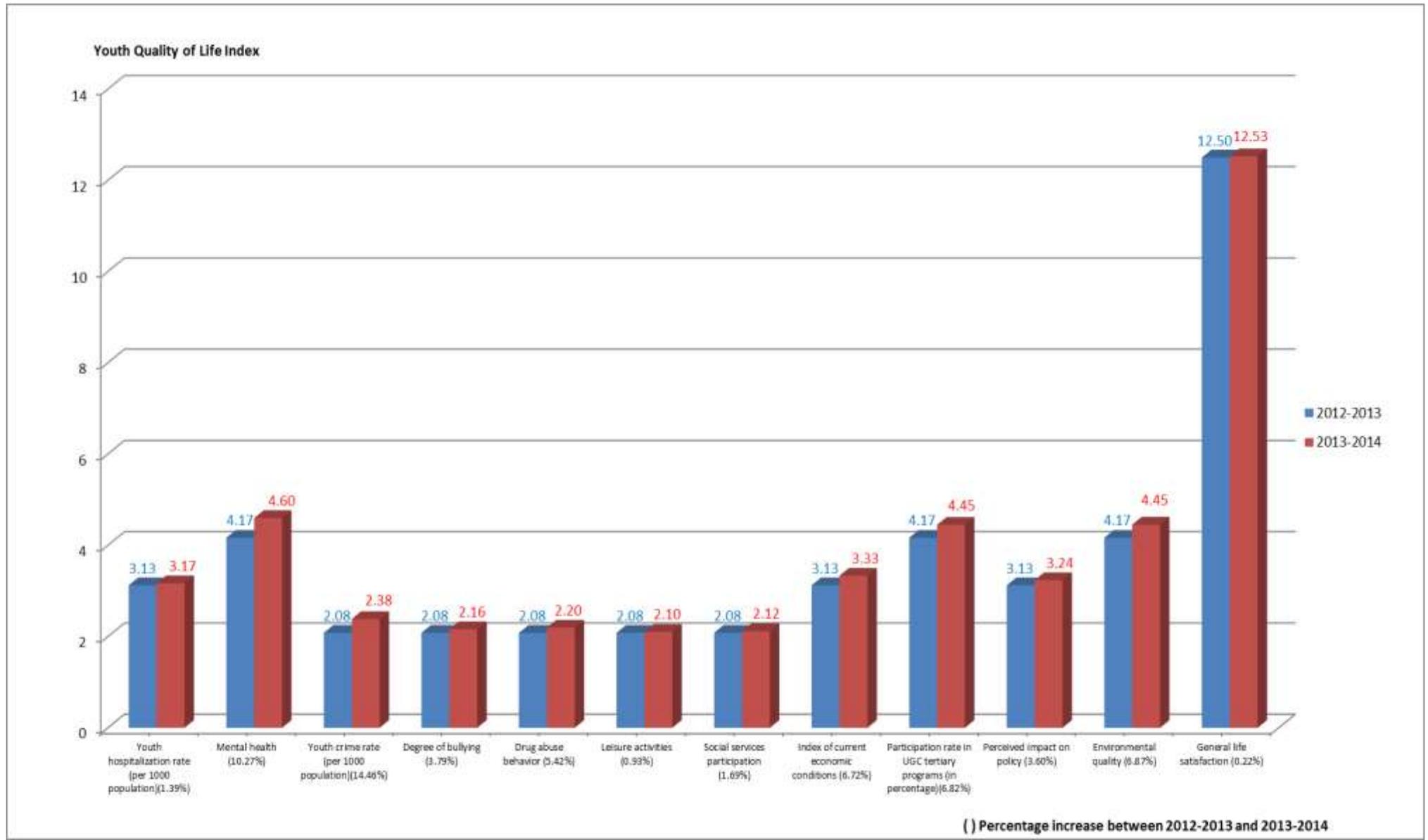
	2012-2013 (Base year)	2013-2014	Difference	2013-2014 compared with 2012-2013
<b>Physical Health</b>				
Youth hospitalization rate	3.1250	3.1684 <sup>#</sup>	+1.39%	<b>Better</b>
Perceived health condition	3.1250	3.0703	-1.75%	<b>Worse</b>
Exercise participation	3.1250	2.9736	-4.84%	<b>Worse</b>
Rest	3.1250	3.1099	-0.48%	<b>Worse</b>
<b>Total</b>	<b>12.5000</b>	<b>12.3222</b>	<b>-1.42%</b>	<b>Worse</b>
<b>Psychological Well-being</b>				
Psychological Distress (Mental health?)	4.1666	4.5982	+10.36%	<b>Better</b>
Positive thinking	4.1666	4.1476	-0.46%	<b>Worse</b>
Self-evaluation	4.1666	4.0976	-1.66%	<b>Worse</b>
<b>Total</b>	<b>12.5000</b>	<b>12.8434</b>	<b>+2.75%</b>	<b>Better</b>
<b>Society</b>				
Youth crime rate	2.0833	2.3846 <sup>#</sup>	+14.46%	<b>Better</b>
Degree of bullying	2.0833	2.1622	+3.79%	<b>Better</b>
Drug abuse behavior	2.0833	2.1962 <sup>#</sup>	+5.42%	<b>Better</b>
Leisure activities	2.0833	2.1026	+0.93%	<b>Better</b>
Social services participation	2.0833	2.1186	+1.69%	<b>Better</b>
Social relationships	2.0833	2.0807	-0.12%	<b>Worse</b>
<b>Total</b>	<b>12.5000</b>	<b>13.0448</b>	<b>+4.36%</b>	<b>Better</b>
<b>Economics</b>				
Index of current economic conditions	3.1250	3.3349 <sup>#</sup>	+6.72%	<b>Better</b>
Youth unemployment rate	3.1250	3.1109 <sup>#</sup>	-0.45%	<b>Worse</b>
Opportunity for development	3.1250	2.9649	-5.12%	<b>Worse</b>
Material life	3.1250	3.0591	-2.11%	<b>Worse</b>
<b>Total</b>	<b>12.5000</b>	<b>12.4698</b>	<b>-0.24%</b>	<b>Worse</b>
<b>Education</b>				
Education satisfaction	4.1666	4.1207	-1.10%	<b>Worse</b>
Public expenditure on education	4.1666	3.9473 <sup>#</sup>	-5.26%	<b>Worse</b>
Participation rate in UGC tertiary programs	4.1666	4.4507 <sup>#</sup>	+6.82%	<b>Better</b>
<b>Total</b>	<b>12.5000</b>	<b>12.5187</b>	<b>+0.15%</b>	<b>Better</b>

<b>Politics</b>				
Government performance evaluation	3.1250	2.7183	<b>-13.01%</b>	<b>Worse</b>
Satisfaction with youth policy	3.1250	3.1120	<b>-0.42%</b>	<b>Worse</b>
Perceived impact on policy	3.1250	3.2374	<b>+3.60%</b>	<b>Better</b>
Rule of Law	3.1250	2.9852	<b>-4.47%</b>	<b>Worse</b>
<b>Total</b>	<b>12.5000</b>	<b>12.0528</b>	<b>-3.58%</b>	<b>Worse</b>
<b>Living Environment</b>				
Satisfaction with living environment	4.1666	4.0926	<b>-1.78%</b>	<b>Worse</b>
Satisfaction with infrastructure	4.1666	4.0625	<b>-2.50%</b>	<b>Worse</b>
Environmental quality	4.1666	4.4529 <sup>#</sup>	<b>+6.87%</b>	<b>Better</b>
<b>Total</b>	<b>12.5000</b>	<b>12.6080</b>	<b>+0.86%</b>	<b>Better</b>
<b>Overall Well-being</b>				
General life satisfaction	12.5000	12.5279	<b>+0.22%</b>	<b>Better</b>
<b>Total</b>	<b>12.5000</b>	<b>12.5279</b>	<b>+0.22%</b>	<b>Better</b>
<b>Youth Quality of Life Index</b>	<b>100</b>	<b>100.39</b>	<b>+0.39%</b>	<b>Better</b>

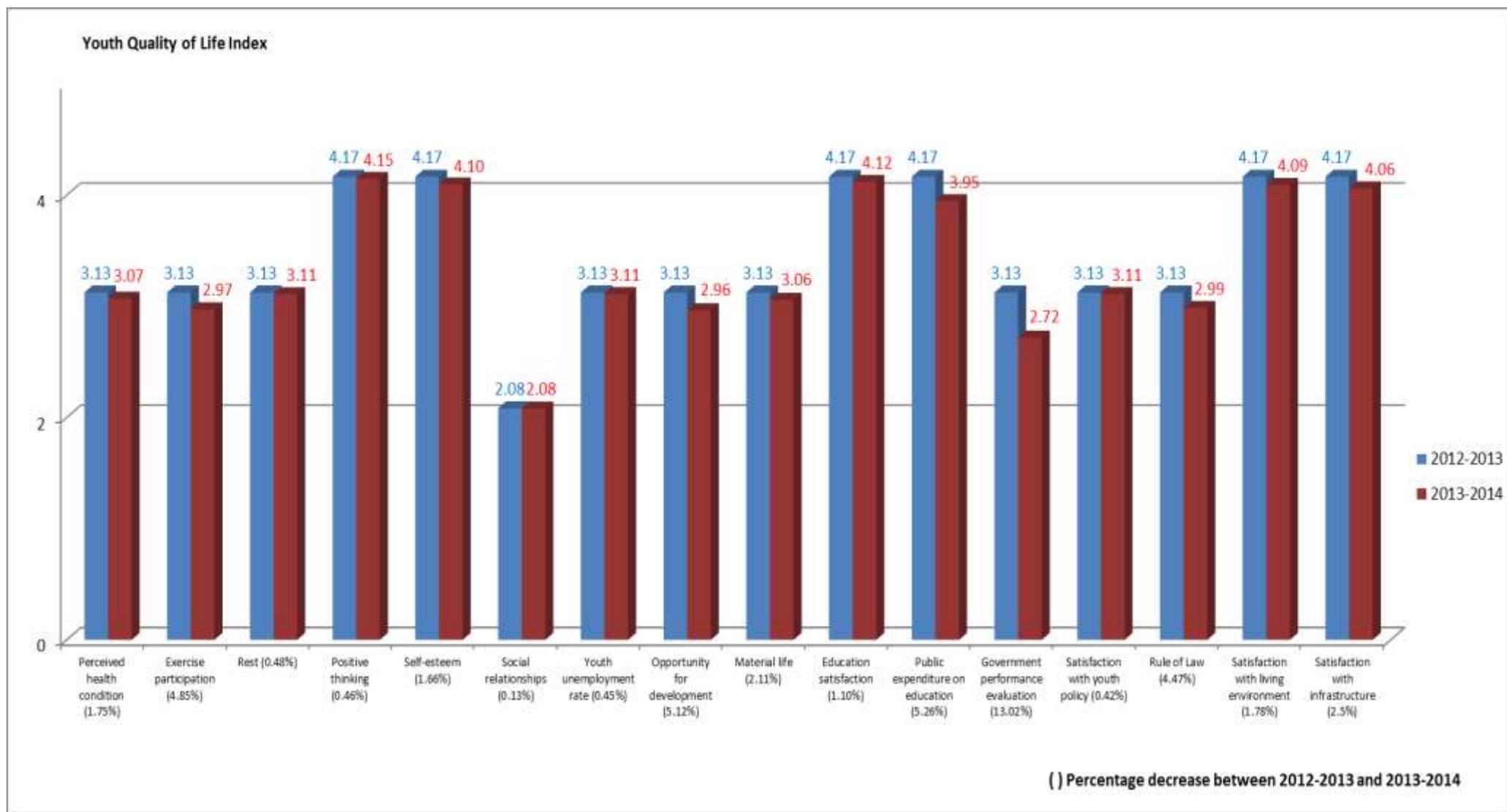
<sup>1</sup> The higher the score, the better the performance of the indicator.

<sup>#</sup> Provisional figure

**Appendix 3: Comparison of MTR-CUHK Youth Quality of Life Index between 2012-2013 and 2013-2014 - Better Indices**



**Appendix 4: Comparison of MTR-CUHK Youth Quality of Life Index between 2012-2013 and 2013-2014 - Worse Indices**



## **Appendix 5: Working Group of the MTR-CUHK Youth Quality of Life Index**

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### **Appendix 6: Ten Schools Selected for the Final Round**

School/College (English)	Title of the Project
Madam Lau Kam Lung Secondary School of Miu Fat Buddhist Monastery	「鹹魚・愛・夢想」計劃
Christian Alliance S. C. Chan Memorial College	《拾夢記》
Po Leung Kuk Yao Ling Sun College	“Empathy lights up the world”
Daughters of Mary Help of Christians Siu Ming Catholic Secondary School	「小小文化大使」學生服務體驗
The Church of Christ in China Ming Yin College	《生命的一天相聚》
Tang Shiu Kin Victoria Government Secondary School	微電影--寒窗苦「毒」計劃書
SKH St. Simon's Lui Ming Choi Secondary School	走進基層 友伴同行 - V. care 伙伴計劃
Queen's College	A simple journey for adolescents to know more about love and its relationship with Quality of Life and their interpersonal relationship
Wong Shiu Chi Secondary School	青春起「動」・「畫」出包容
SKH Bishop Mok Sau Tseng Secondary School	繼承者們